

YOUR EMERGENCY ACTION PLAN

PERSONAL INFORMATION

Full Name: _____
 Address: _____
 Phone: _____

Household Members, relationship, & phone number:

- _____
- _____
- _____
- _____
- _____

WARNING AND INFORMATION

@PortlandBEM
 PublicAlerts - www.publicalerts.org

EMERGENCY CONTACTS

IN AN EMERGENCY everyone in our household will text:

1. Out-of-town _____
 Phone _____
2. Local _____
 Phone _____

DEPENDENTS

We have talked to our school about plans in case of an emergency.

We have provided the school with names of three people approved to pick up our children and/or offered to be on our neighbors' lists.

MEDICAL INFORMATION

Current Medical Conditions: _____

Allergies: _____

Medications & Dosage: _____

IMPORTANT INFORMATION

- Doctor _____
 Phone _____
- Pediatrician _____
 Phone _____
- Medical Insurance _____
 Policy # _____
- Veterinarian _____
 Phone _____
- Home/Renter's Insurance _____
 Policy # _____
- Other _____

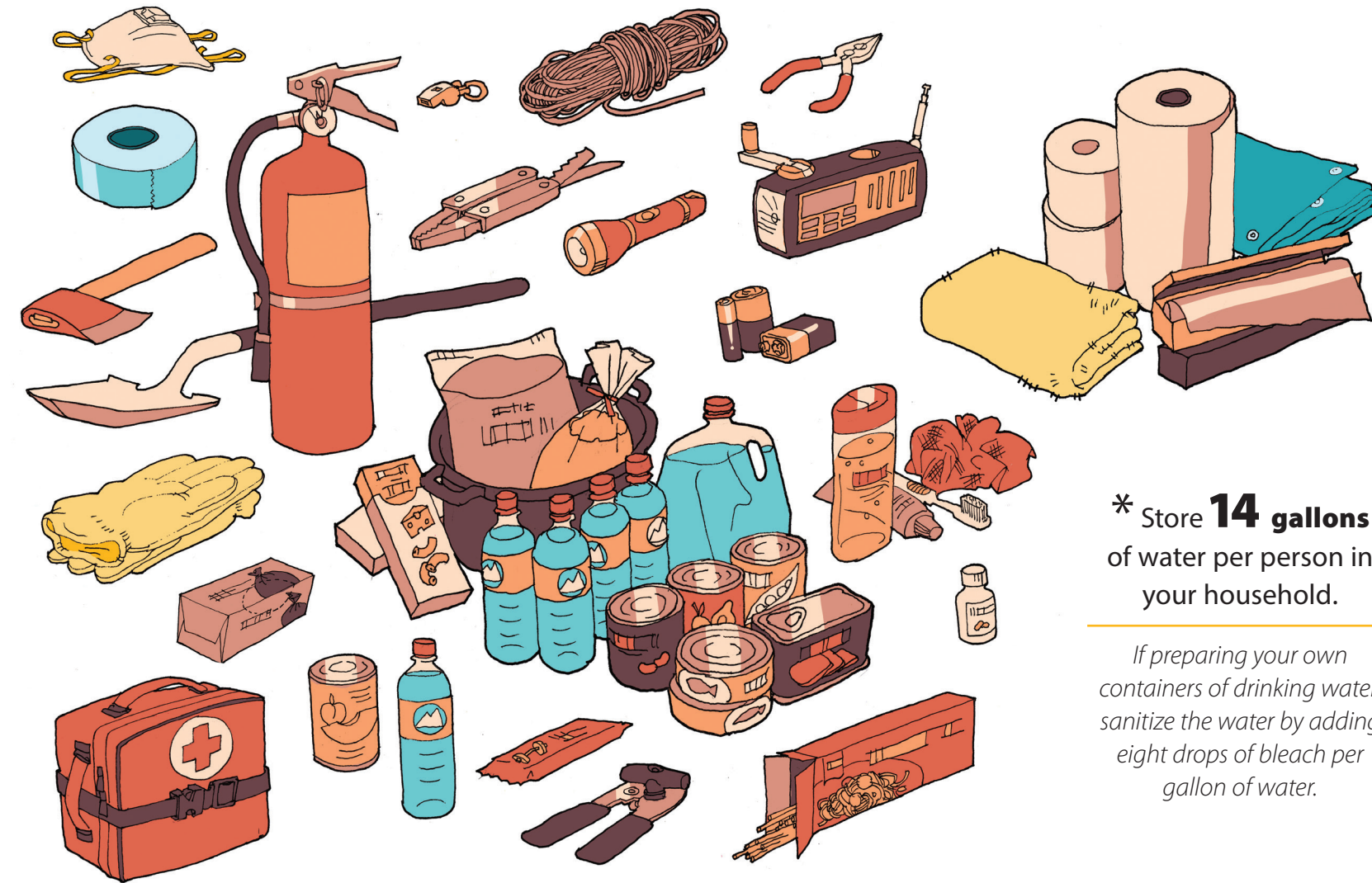
EMERGENCY SUPPLIES

A disaster kit shopping list can be downloaded from

PublicAlerts.org



Make a plan for them too!



* Store **14 gallons** of water per person in your household.

If preparing your own containers of drinking water, sanitize the water by adding eight drops of bleach per gallon of water.

POST-EARTHQUAKE SANITATION

The twin-bucket system

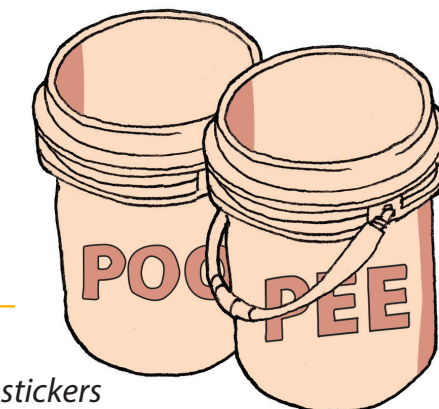
Separating PEE makes bucket contents safer and easier to store and dispose.

POO

1. Line bucket with heavy duty 13-gallon garbage bag.
2. Use POO bucket.
3. Cover each use with bark chips, sawdust, or shredded paper to help dry the waste.
4. Fill bucket no more than half full of waste.
5. Double-bag and store the waste separate from other garbage and away from food and water.
6. Secure waste from pets, flies, rats, etc.

PEE

1. Use PEE bucket.
2. Place toilet paper in POO bucket.
3. Add water to contents if possible.
4. Pour on lawn, garden or ground.



To learn more, or to get instructional stickers for your twin bucket system: **EmergencyToilet.org**

Stay informed - watch for instructions from public agencies on how to get rid of waste

POCKETPREP



Your emergency plan is waterproof! Use a BALLPOINT PEN or PENCIL to complete your plan.

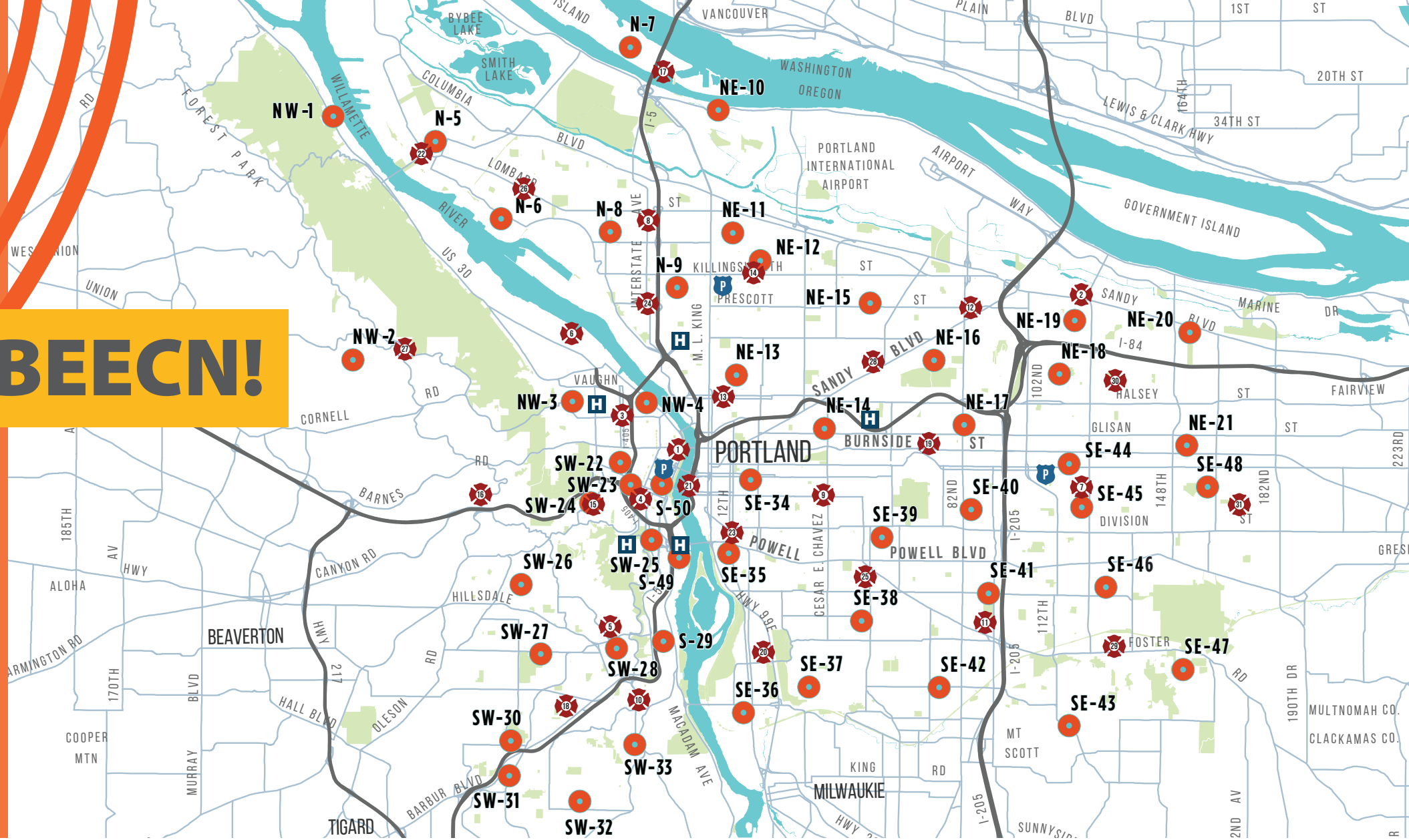
AFTER AN EARTHQUAKE...

Find your BEECN!

www.portlandoregon.gov/beecn

Each BEECN (Basic Earthquake Emergency Communication Node) site includes volunteers who can report severe damage or injuries, a first aid kit and emergency info. BEECN sites will activate 24 to 48 hours after a disaster that knocks out phone systems.

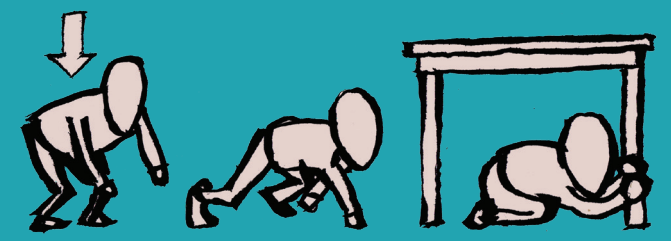
Check the map for BEECNs close to where you live or work, and practice walking or biking there at least once a year.



BEECNs				
NW-1 Intersection of 107th & NW Front Ave Adjacent to 10707 NW Front Avenue	NE-11 Woodlawn Park NE Dekum Street and NE Bellevue Avenue	NE-21 Glenfair Park NE Couch Court and NE 154th Avenue	SW-31 Holly Farm Park 10819 SW Capitol Highway	SE-41 Lents Park SE Holgate Boulevard and SE 92nd Avenue
NW-2 Forest Park Elementary School Field 9935 NW Durrett Street	NE-12 Alberta Park NE Ainsworth Street and NE 19th Avenue	SW-22 Lincoln High School Field SW 14th Avenue and SW Salmon Street	SW-32 Stephenson Elementary School Field SW Stephenson Street and SW 25th Avenue	SE-42 Flavel Park SE Flavel Street and SE 75th Avenue
NW-3 Chapman Elementary School Field NW Quimby Street and NW 27th Avenue	NE-13 Irvington Elementary School Field 1320 NE Brazee Street	SW-23 Greenspace at SW 12th/SW Market SW Market and SW 12th Avenue	SW-33 Riverdale High School Field 9727 SW Terwilliger Boulevard	SE-43 Lincoln Memorial Cemetery Parking Lot 11801 SE Mt. Scott Boulevard
NW-4 The Fields Park NW Overton Street and NW 11th Avenue	NE-14 All Saints School Parking Lot NE César E. Chávez Blvd & NE Glisan Street	SW-24 Ainsworth Elementary School Field SE Elm Street and SW 21st Avenue	SE-34 Colonel Summers Park SE Taylor Street and SE 17th Avenue	SE-44 Ventura Park SE Stark Street and SE 117th Avenue
N-5 St. Johns Park 8427 N Central Street	NE-15 Rigler SUN Community School Field NE Going Street and NE 55th Avenue	SW-25 Lair Hill Park SW 2nd Avenue and SW Porter Street	SE-35 Brooklyn Park SE Haig Street and SE Milwaukie Street	SE-45 Mill Park SE Mill Court west of SE 122nd Avenue
N-6 University of Portland Public Safety N Portsmouth Avenue and N Warren Street	NE-16 Roseway Heights Field NE Alameda Street and NE 72nd Avenue	SW-26 Hamilton Park SW Hamilton Street and SW 45th Avenue	SE-36 Sellwood Middle School Field SE Sherrett Street and SE 16th Avenue	SE-46 Gilbert Heights Elementary School Field SE Cora Street and SE 130th Avenue
N-7 BedMart 1840 N Hayden Island Drive	NE-17 Montavilla Park NE Oregon Street and NE 82nd Avenue	SW-27 Gabriel Park SW Vermont Street and SW 37th Avenue	SE-37 Dunniway Elementary School Field SE Reed College Place and SE Lambert Street	SE-47 Clatsop Butte Park SE Evergreen Drive and SE 152nd Avenue
N-8 Arbor Lodge Park N Dekum Street and N Greeley Avenue	NE-18 Knott Park NE Sacramento Street and NE 112th Avenue	SW-28 Ida B. Wells High School Field 1151 SW Vermont Street	SE-38 Woodstock Park SE Harold Street and SE 50th Avenue	SE-48 Parklane Church 16001 SE Main Street
N-9 Jefferson High School Field N Alberta Street and N Kerby Avenue	NE-19 Parkrose High School Field 12003 NE Shaver Street	S-29 Sunstone Montessori School Field 6318 SW Corbett Street	SE-39 Clinton Park SE Woodward Street and SE 57th Avenue	S-49 Elizabeth Caruthers Park 3599 SW Bond Avenue
NE-10 Columbia Site Field 716 NE Marine Drive	NE-20 Wilkes Park NE Beech Street and NE 154th Avenue	SW-30 W. Portland United Methodist Church 4729 SW Taylors Ferry Road	SE-40 Harrison Park SE Stephens Street and SE 87th Avenue	S-50 Harbor Way Median At SW Montgomery St & SW Harbor Way

FIRE, POLICE, & HOSPITALS		
1 55 SW Ash Street	14 1905 NE Killingsworth Street	27 3130 NW Skyline Boulevard
2 4800 NE 122nd Avenue	15 1920 SW Spring Street	28 5540 NE Sandy Boulevard
3 1715 NW Johnson Street	16 1715 SW Skyline Boulevard	29 13310 SE Foster Road
4 511 SW College Street	17 848 N Tomahawk Island Drive	30 13313 NE San Rafael Street
5 1505 SW Dewitt Street	18 8720 SW 30th Avenue	31 1927 SE 174th Avenue
6 3660 NW Front Avenue	19 7301 E Burnside Street	H North: 449 NE Emerson St
7 1500 SE 122nd Avenue	20 2235 SE Bybee Boulevard	H East: 737 SE 106th Ave
8 7134 N Maryland Avenue	21 5 SE Madison Street	H Central: 1111 SW 2nd Ave
9 1706 SE Cesar E Chavez Boulevard	22 7205 N Alta Avenue	H Legacy Emanuel: 2801 N Gastenbein Ave
10 451 SW Taylors Ferry Road	23 2915 SE 13th Place	H Good Samaritan: 1015 NW 22nd Ave
11 5707 SE 92nd Avenue	24 4515 N Maryland Avenue	H Providence Portland: 4805 NE Glisan St
12 8645 NE Sandy Boulevard	25 5211 SE Mall Street	H OHSU: 3181 SW Sam Jackson Park Rd
13 926 NE Weidler Street	26 5247 N Lombard Street	H OHSU Waterfront: 3303 SW Bond Ave

DURING EARTHQUAKES,
take action to reduce injury and death...



1. DROP 2. COVER 3. HOLD ON

In case of hazardous materials emergency
SHELTER IN PLACE

- Move inside. Close and lock doors, windows, and fireplace dampers.
- Turn off fans, heating, and air conditioning.
- Seal doors, windows, and vents with plastic sheeting and duct tape or wet towels.
- Listen to T.V. or radio for instructions from public safety officials.

A resilient Portland is in your hands
JOIN PORTLAND NET!

- Conduct search and rescue
- Perform medical triage
- Educate others to be prepared



www.portlandoregon.gov/net

Sign up for
PUBLIC ALERTS

PublicAlerts is for anyone who wants local emergency information. By signing up, you will receive warnings when an emergency happens and you need to take action to stay safe. Examples: stay inside, evacuate, or boil water.

Register at PublicAlerts.org

