



South Tabor Crow

A neighborhood newsletter brought to you by your
South Tabor Neighborhood Association (STNA)

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Welcome!

Happy winter solstice and welcome to 2025!



If not a snowy holiday, we can at least enjoy occasional frost.

Neighborhood News

Learn about how South Tabor neighbors helped remove more than 1,200 pounds of trash during [SOLVE's Great Powell Cleanup on November 9](#). And be on the alert for future opportunities

Connect with STNA

Question, comment, or interested in helping with the newsletter?
Drop us a line @
communications@southtabor.org.

Join the STNA mailing list [here](#).

For general information, visit our [website](#).



Volunteer Opportunity: Help South Tabor Prepare for Emergencies

By Christine Wilson

Are you ready for a severe winter storm, flood, or major earthquake? The Portland Bureau of Emergency Management (PBEM) advises households to be prepared to be on their own for 1-2 weeks.



Christine prepares to welcome volunteers for a training at Clinton Park.

As a resident of South Tabor, I invite you to volunteer with me and 1,200 fellow Portlanders to be part of Neighborhood Emergency Team (NET). There are no physical requirements because there are important roles for everyone!

Here's the thing: A well-planned neighborhood response will be invaluable. When we're cut off from surrounding areas by power or impassable roads, information and resource sharing depends on people right here, especially when firefighters and police are stretched thin. And as recent disasters across the U.S. have shown, community engagement has lasting mental health benefits too.

Through the NET program, volunteer Portland residents receive free training from the City's Bureau of Emergency Management and Portland Fire & Rescue in the core skills needed for responding safely and effectively to multiple types of hazards. You'll learn how to help plan and assist our neighborhood until professional responders can arrive, all without putting yourself in harm's way. And you'll be introduced to a network of neighbors, emergency response professionals, and other community leaders.

Once you've completed your 28 hours of basic training (held on Saturdays), you'll have access to classes such as CPR/AED certification, Mental Health First Aid, De-escalation Training, Wilderness First Aid certification, HAZMAT awareness, radio communications training, and many more. Visit [this link](#) for information on joining NET.

And check out [this recent podcast episode](#) about NET.