

Arc I
Team Organization and Cohesion

NET Response Kit Inventory

Learning Objective

Team members will understand the contents and purpose of their individual NET response kits, and identify gaps or items that need replenishing.

Indoors/Outdoors: Either

Arc I
Team Organization and Cohesion

Local Fire Station Meeting

Learning Objective

Team members will build relationships with their local firefighters, learn about station capabilities, and understand how NETs can support fire response during disasters.

Indoors/Outdoors: Indoors

Arc I
Team Organization and Cohesion

NETwiki Team Page Discussion

Learning Objective

Team members will collaboratively design and update their team's NETwiki page to serve as a shared, accessible hub for operations, plans, and team information.

Indoors/Outdoors: Indoors

Arc I
Team Organization and Cohesion

Team Recruitment Strategy

Learning Objective

Team members will design a recruitment approach that attracts both new Active NET volunteers and Affiliated Team Volunteers (ATVs), building a sustainable pipeline of engaged responders.

Indoors/Outdoors: Either

Arc I

Team Organization and Cohesion

Team Equipment Cache Evaluation/Checkup

Learning Objective

Team members will evaluate the status of their team's equipment cache—or, if none exists, explore the benefits and considerations of establishing one.

Indoors/Outdoors: Depends on cache

Arc I

Team Organization and Cohesion

Family Preparedness Discussion

Learning Objective

Team members will reflect on their own household readiness and identify steps to ensure their families are safe and self-sufficient when they deploy as NET volunteers after a disaster.

Indoors/Outdoors: Either

Arc I

Team Organization and Cohesion

Fundraising Review

Learning Objective

Team members will assess whether fundraising is necessary for their operations (such as building an equipment cache) and, if so, identify appropriate and realistic fundraising strategies and how to use Friends of Portland NET as a fiscal agent to support those efforts.

Indoors/Outdoors: Either

Arc I

Team Organization and Cohesion

Non-Disaster Related Social Event

Learning Objective

Loosen up, nerds! To help get to know each other better. It's about being good neighbors and building strong community bonds. A relaxed, non-disaster social event gives team members a chance to connect as people first.

Indoors/Outdoors: Either

Arc II
Response Operations Planning

VSF Gap Analysis

Learning Objective

Team members will understand the purpose of Volunteer Support Functions (VSFs), identify their own areas of specialization, and consider how their team's mix of VSFs can strengthen neighborhood response.

Indoors/Outdoors: Either

Arc II
Response Operations Planning

Neighborhood URM Inventory

Learning Objective

Team members will learn how to identify and document unreinforced masonry (URM) buildings in their neighborhood as part of planning work to inventory seismic risks.

Indoors/Outdoors: Outdoors

Arc II
Response Operations Planning

Operations Plan Check-In

Learning Objective

Team members will review, update, and reaffirm their Team Operations Plan to ensure clarity on meeting locations, communication protocols, risks, and resources.

Indoors/Outdoors: Either

Arc II
Response Operations Planning

Local Business Outreach

Learning Objective

Team members will engage local businesses to strengthen neighborhood resilience by sharing preparedness information, building relationships, and identifying potential resources for disaster response.

Indoors/Outdoors: Outdoors

Arc II

Response Operations Planning

Severe Cold Weather Planning

Learning Objective

Team members will plan for severe cold weather impacts by ensuring their own readiness and identifying ways the team can support vulnerable neighbors and the broader community.

Indoors/Outdoors: Either

Arc II

Response Operations Planning

Severe Hot Weather Planning

Learning Objective

Team members will prepare for the impacts of extreme heat by ensuring household readiness, identifying vulnerable populations in their neighborhood, and exploring ways the team can support the community during dangerous heat events.

Indoors/Outdoors: Either

Arc II

Response Operations Planning

Post-Earthquake Sanitation Planning

Learning Objective

Team members will plan for sanitation challenges following a major earthquake, focusing on both household-level solutions and strategies for supporting neighborhood health and safety.

Indoors/Outdoors: Either

Arc II

Response Operations Planning

Post-Earthquake Decedent Care

Learning Objective

Team members will understand their limited but important role in managing the presence of deceased individuals after a major earthquake, focusing on safety, dignity, and proper communication with authorities.

Indoors/Outdoors: Either

Arc II

Response Operations Planning

Neighborhood Profile Discussion

Learning Objective

Team members will explore publicly available resources to build a clearer picture of their neighborhood's disaster risks and assets.

Indoors/Outdoors: Either

Arc II

Response Operations Planning

Incident Objectives Discussion

Learning Objective

Team members will practice creating clear, actionable incident objectives to guide NET operations during a disaster response.

Indoors/Outdoors: Either

Arc V

Basic Response Skills

Managing Spontaneous Volunteers

Learning Objective

Team members will practice strategies to safely and effectively integrate or redirect spontaneous volunteers during a disaster response.

Indoors/Outdoors: Outdoors

Arc V

Basic Response Skills

Knot Techniques

Learning Objective

Team members will learn and practice basic knots useful for securing tarps, equipment, or improvised rescue tasks.

Indoors/Outdoors: Either

Arc III

Exercises and Tabletops

Scenario Village Preparation

Learning Objective

Team members will prepare their team with plans, roles, and equipment ahead of the comprehensive NET “Scenario Village” exercise to maximize learning and performance.

Indoors/Outdoors: Either

Arc III

Exercises and Tabletops

Tabletop: Windstorm

Learning Objective

Team members will practice decision-making and coordination through a tabletop exercise simulating a response to a severe windstorm.

Indoors/Outdoors: Indoors

Arc III

Exercises and Tabletops

Disasterville Board Game

Learning Objective

Team members will use a structured board game to explore disaster scenarios, resource management, and coordination challenges.

Indoors/Outdoors: Indoors

Arc III

Exercises and Tabletops

Railway Accident Tabletop

Learning Objective

Team members will practice response planning and coordination in a tabletop exercise simulating a train derailment or hazardous materials incident.

Indoors/Outdoors: Indoors

Arc III

Exercises and Tabletops

Triage Boardgame

Learning Objective

Team members will practice patient assessment and prioritization skills through a structured board game format.

Indoors/Outdoors: Indoors

Arc III

Exercises and Tabletops

Citywide Deployment Exercise (CDE)

Learning Objective

Team members will participate in a citywide NET deployment drill to practice activation, communications, and operations at scale.

Indoors/Outdoors: Outdoors

Arc V

Basic Response Skills

Survivor Carry Techniques

Learning Objective

Team members will practice safe and effective methods for carrying or moving survivors in a disaster response.

Indoors/Outdoors: Outdoors

Arc IV

Communications

Personal Accountability Reporting (PAR)

Learning Objective

Team members will practice using a Personal Accountability Report (PAR) to confirm safety and status during an incident, and explore accountability tools such as passport systems and T-cards.

Indoors/Outdoors: Either

Arc IV Communications

Damage Assessment Mapping Module Exercise

Learning Objective

Team members will practice using the Damage Assessment Mapping Module (DAMM) to collect, record, and submit disaster observations, gaining confidence with the tool and reinforcing situational awareness during field use.

Indoors/Outdoors: Outdoors

Arc IV Communications

FRS/GMRS Radio Mapping

Learning Objective

Team members will practice conducting a neighborhood radio coverage survey (radio mapping) to identify strong, weak, and dead zones for FRS/GMRS communications within their Service Area.

Indoors/Outdoors: Outdoors

Arc IV Communications

BEECN Training/Review

Learning Objective

Team members will review the purpose, setup, and operation of their Basic Earthquake Emergency Communication Node (BEECN) site.

Indoors/Outdoors: Outdoors

Arc IV Communications

Radio Speaking Skills and Etiquette

Learning Objective

Team members will practice using proper radio etiquette, including prowords, clear phrasing, and the phonetic alphabet, to ensure efficient and accurate communication during disaster response.

Indoors/Outdoors: Outdoors

Arc V
Basic Response Skills

ICS Forms Review

Learning Objective

Team members will review and practice filling out key ICS forms to improve documentation and situational awareness.

Indoors/Outdoors: Either

Arc V
Basic Response Skills

Triage Exercise

Learning Objective

Team members will practice hands-on triage methods to quickly assess and prioritize patients in a simulated disaster environment.

Indoors/Outdoors: Either

Arc V
Basic Response Skills

Utility Shutoff Review

Learning Objective

Team members will learn and practice safe procedures for shutting off gas, electricity, and water in an emergency.

Indoors/Outdoors: Both

Arc V
Basic Response Skills

Damaged Building Assessments

Learning Objective

Team members will practice exterior evaluations of buildings to identify visible hazards and mark structures safely.

Indoors/Outdoors: Either

Arc V
Basic Response Skills

Fire Extinguisher Review

Learning Objective

Team members will learn or refresh how to safely operate fire extinguishers for small fire suppression using the PBEM portable burn pan.

Indoors/Outdoors: Outdoors

Arc V
Basic Response Skills

Staging Area Setup

Learning Objective

Team members will practice establishing a functional NET staging area, including layout, signage, and role assignments.

Indoors/Outdoors: Outdoors

Arc V
Basic Response Skills

Splinting Review

Learning Objective

Team members will learn or refresh simple splinting techniques for stabilizing injuries in the field.

Indoors/Outdoors: Either

Arc V
Basic Response Skills

Building Markings

Learning Objective

Team members will practice using standardized search and rescue marking systems to record building status after assessment.

Indoors/Outdoors: Either